

**BASHH**



# **BASHH HIV Masterclass 2026**



8<sup>th</sup> - 9<sup>th</sup> June 2026

thestudio, 7 Cannon Street, Birmingham, B2 5EP

This meeting has been supported by pharmaceutical companies by way of exhibition stand space and sponsorship which is limited to funding the educational content of the meeting.

## Programme


Monday 8<sup>th</sup> June 2026

Time	Session	Location
09:00	<b>Registration Opens</b>	The Atrium
09:30	<b>Welcome Address</b>	Explore
09:40	<b>Young people living with PaHIV and transitioning to adult services</b> - <i>Caroline Foster</i>	Explore
10:40	<b>Refreshment Break</b>	The Atrium
11:00	<b>Sponsored Symposium: Gilead</b> 	Explore
11:45	<b>KSHV Associated Diseases</b> - <i>Mark Bower</i>	Explore
12:30	<b>Lunch</b>	The Atrium
13:15	Sponsored Symposium <b>Mind the Gap: Achieving holistic HIV care for women</b> - <i>Naomi Sutton</i> 	Explore
14:00	<b>Managing the Complexities of Ageing with HIV: Rethinking Care for a Changing Population</b> - <i>Jaime Vera</i>	Explore

14:45	<b>Refreshment Break</b>	The Atrium
15:00	<b>Clinical Ethical Dilemmas</b> - Margaret Kingston & Mary Poulton	Explore
16:30	<b>Refreshment Break</b>	The Atrium
16:40	<b>Opportunistic Infections</b> - Lisa Hamzah & Sebastian Lucas	Explore
18:10	Close of Day 1	Explore
18:15	BASHH BBQ An opportunity for attendees to connect.	The Atrium

## Tuesday 9<sup>th</sup> June 2026

Time	Session	Location
08:30	<b>Arrival Tea &amp; Coffee</b>	The Atrium
08:45	<b>ART and HIV Resistance</b> - Stuart Flanagan	Explore
10:00	<b>Refreshment Break</b>	The Atrium
10:30	<b>From pregnancy to beyond</b> Lived experience of pregnancy and breastfeeding – <i>LeaSuwanna Khadijah Griffith</i> BHIVA Pregnancy Guidelines – <i>Laura Byrne</i> Lived experience of menopause and ageing – <i>Sophie Strachan</i> Menopause and HIV – <i>Shema Tariq</i>	Explore

	The role of community organisations in supporting women living with HIV across the life course - <i>Sophie Strachan</i> Panel Discussion	
12:15	<b>Lunch</b>	The Atrium
12:45	<b>Sponsored Symposium: ViiV Healthcare</b>	Explore
		
13:30	<b>HIV Confident: Building a world that welcomes and respects people living with HIV</b> - <i>Annie Howard</i>	Explore
14:00	<b>Refreshment Break</b>	The Atrium
14:15	<b>Metabolic Health</b> - <i>Jasmini Alagaratnam</i>	Explore
15:00	<b>GLP-1s in PLHIV</b> - <i>Nadia Naous</i>	Explore
15:30	Close of HIV Masterclass 2026	Explore
15:45	Event Close	

## Sponsors



# Speakers

## Jasmini Alagaratnam

Jasmini Alagaratnam is a Consultant Physician in HIV Medicine and Sexual Health at Chelsea & Westminster Hospital NHS Trust, London, UK.

She completed her clinical PhD in 2021 at Imperial College London, where she investigated neural activation and HIV reservoir size in people living with treated HIV undergoing interventions, including HIV cure strategies.

Her specialist interests include the management of cardiovascular and neurological comorbidities in people living with treated HIV. She co-leads the HIV Metabolic services at Chelsea & Westminster Hospital. Her current research focusses on investigating biomarkers associated with cognitive decline and the use of molecular diagnostics including proviral HIV DNA genotypic sequencing and HIV viral load point of care testing to improve the management of people living with HIV.

## Marta Boffito

Prof Marta Boffito, MD, PhD, FRCP, MBA is a consultant physician at Chelsea and Westminster Hospital and Imperial College London, London, UK. She is the Clinical Director of HIV, Sexual and Gender Health, Dermatology at Chelsea and Westminster Hospital, where she runs numerous research projects and clinical trials (including COVID-19, flu, HIV vaccines and treatments), she consults on complex pharmacological issues, sees patients with HIV (she founded the first HIV over-50-years clinic in London, UK), and teaches HIV medicine, infectious disease and pharmacology at Imperial College London and in various National and International settings, including the Middle East and North Africa (MENA) region, where she has established some training initiatives on the management of people living with HIV. She trained in Italy, the USA, and the UK and has a special interest in antiviral drug pharmacology: from prevention to treatment. In these areas she contributes to the educational, scientific, and guideline-formulation activities of national and international bodies including the British HIV Association (BHIVA) and the World Health Organisation (WHO). She has published over 200 peer-reviewed articles, editorials, and reviews. She has been involved in capacity building programmes for resource-limited settings (e.g., Uganda) and is an applicant on numerous successful collaborative international grants.

## Mark Bower

Mark is a consultant medical oncologist at Chelsea & Westminster Hospital and Professor at Imperial College who specialises in the treatment of AIDS related malignancies. He has developed the largest

centre for the management of these tumours in Europe, receiving referrals from throughout the UK and has cared for over 4,000 patients with HIV-associated cancers. His clinical research covers the epidemiology, aetiology, pathogenesis and management of these tumours and he has a laboratory research programme studying their immunopathology. He has also recently established UCATS (UK Cancer and Transitioning Service), a new national service providing cancer care and advice for the trans and non-binary community.

**Laura Byrne**

Consultant in HIV Medicine, St George's University Hospital

**Stuart Flanagan**

Dr Stuart Flanagan is a Consultant in GU/HIV & Blood Borne Virus (BBV) Medicine at CNWL NHS Trust's Mortimer Market Centre in Central London, and Honorary Consultant at University College London Hospital. He is the HIV Co-Lead and Viral Hepatitis Lead at Mortimer Market Centre, and NCL ODN Primary Care Lead for Viral Hepatitis.

Stuart is also Honorary Associate Professor at University College London, and has research interests in HIV-BBV co-infection, Viral Hepatitis, BBV screening and MASLD.

Stuart is the current Chair of the BHIVA Guidelines Subcommittee and past chair of the BASHH HIV/BBV Special Interest Group. He is Clinical Lead for NHS London' Hepatitis B Pathways Task & Finish Group and Medical Advisor to the board of CAPS-Positive Faith Charity.

**Caroline Foster**

Dr Caroline Foster is a Consultant in Adolescent Infectious Diseases at Imperial College Healthcare NHS Trust and is the clinical lead for transitional care in HIV. Her research interests include the long term outcomes for adults born with HIV and she is involved in teaching and guideline development for BHIVA, Chiva, PENTA and UNICEF.

**LeaSuwanna Griffith**

Healthcare Support Worker, St Bart's Hospital.

**Lisa Hamzah**

Lisa is a consultant at St George's Hospital in London with an interest in advanced HIV and co-morbidities in HIV.

**Annie Howard**

Annie has been with National AIDS Trust since 2022, and has managed the HIV Confident charter mark since March 2025. In this role, she supports organisations to identify and address HIV stigma within workplaces, by strengthening employee knowledge, attitudes and confidence. The charter is available to healthcare organisations, as well as local authorities, corporate businesses and third sector partners. Prior to this role, Annie conducted policy and research work for NAT, focused on

topics like criminalisation, health inequalities and HIV-related stigma. Her background is in infectious disease control and she worked as an epidemiologist during the height of the COVID-19 pandemic, conducting international contact tracing and informing travel restrictions.

### **Margaret Kingston**

Margaret is a Consultant Physician in Genitourinary Medicine at Manchester Royal Infirmary, Director of Undergraduate Medical and Dental Studies at the University of Manchester and chair of the BASHH Clinical Effectiveness Group.

### **Sebastian Lucas**

SBL has been involved in the pathology of HIV/AIDS since 1978, with biopsy and autopsy experience in UK and Africa. As well as providing a referral service for difficult diagnostic cases, until retirement in 2022 he had performed around 1,000 autopsies on persons with HIV infection. He still keeps an eye on the dramatic changes in HIV clinical pathology that happened following introduction of ART.

### **Nadia Naous**

Nadia Naous is the lead pharmacist for HIV and GUM at Chelsea and Westminster Hospital and the Chair of the BHIVA pharmacy Special Interest Group (formerly the HIV Pharmacy Association), who she represents on the NHS England Clinical Reference Group. Nadia is the first pharmacist Trustee and member of the British HIV Association Executive Committee. In her role at Chelsea and Westminster NHS Foundation Trust Nadia leads the HIV Sexual and Gender Health pharmacy service across seven clinics in inner and outer London, Hertfordshire and Essex and contributed to the development of the frailty screening pathway. Nadia has been qualified as an independent non-medical prescriber since 2012. She has a special interest in the pharmacology of antiretrovirals and drug-drug interactions and has contributed to national guidance for both the British Association for Sexual Health and HIV (BASHH) and the British HIV Association (BHIVA) and works closely with the Royal Pharmaceutical Society in the development of specialist curricula, credentialing of consultant and advanced level pharmacists and development of national training programmes.

### **Mary Poulton**

Mary is a Consultant in GUM/HIV at Kings College Hospital where she also has a wider role of Risk and Governance Lead for Medicine. Mary has a particular interest in Medical Ethics; she has a Master's degree in Medical Ethics and Law from Keele University and previously spent 4 years as Caldicott Guardian. She previously chaired the BASHH Information Group and has been involved in various policy and guidance development projects relating to confidentiality and criminalisation of HIV transmission on behalf of BHIVA and BASHH.

### **Sophie Strachan**

Sophie Strachan is the CEO of the Sophia Forum and has been an advocate for Women, Gender Equity and HIV for over 20 years, providing policy advice to organizations including WHO, UNAIDS, UKHSA, NHS England. Her work includes expanding PrEP access for minoritized communities, through research and community led programs. Sophie is a member of the BASHH special interest group for prisons and a member of the National Health & Justice working group on BBV Opt -Out screening Programme in Prisons and Places of Detention. Sophie is Vice Chair of BHIVA Special Interest group for women and HIV.

### **Naomi Sutton**

Dr Naomi Sutton qualified from Sheffield Medical School in 2003 and completed her MRCP in 2006. She subsequently trained in Genito-Urinary Medicine, gaining further specialist accreditations before taking up her consultant post at Rotherham Sexual Health Services in 2016.

Driven by a desire to better understand the complexities of sexual health and related difficulties, Dr Sutton has developed a strong interest in psychosexual medicine. She attended the ESSM School of Sexual Medicine in Budapest and, in 2023, was awarded the FECSM (Fellow of the European Society of Sexual Medicine).

Dr Sutton is deeply committed to education and raising awareness within her field. She regularly speaks at both local and national levels, with the primary aim of reducing stigma and enhancing patient experience through improved understanding of all aspects of sexual health

### **Shema Tariq**

Dr Shema Tariq is a Clinical Academic at UCL's Institute for Global Health and an Honorary Consultant Physician in HIV at the Mortimer Market Centre, where she founded and leads a specialist HIV and menopause service. Since 2008, she has established an internationally-recognised research programme on the health and wellbeing of women living with HIV across the life-course, with over 70 peer-reviewed publications. She is the former Vice Chair of the British HIV Association's pregnancy guidelines committee and currently leads the infant feeding guidelines group. She was Chief Investigator of the PRIME Study, one of the world's largest studies on menopause and HIV and has authored national and international guidelines on management of menopause in people living with HIV.

### **Jaime Vera**

Jaime is a Professor in HIV Medicine and Head of Department of Global Health and Infection at Brighton and Sussex Medical School. He is also a Consultant Physician for the Lawson HIV unit at the

Royal Sussex County Hospital in Brighton UK, where he is the lead physician for the combined HIV and geriatrics and memory clinics. Jaime's research focusses on the study of comorbidities affecting people with HIV and the development and evaluation of innovative models of care for people with HIV with comorbidities and memory impairment including interventional studies aimed at improving quality of life, and mental well-being of older people with HIV in both low and high income settings.

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